CULTIVATING PSYCHOLOGICAL SAFETY AT WORK

ACCELERATING TRUST ON TEAMS



@THEMAYORESS

WARM UP WHO'S YOUR BUSINESS THERAPIST?

AMERICAN CULTURE DOESN'T SET US UP FOR SUCCESS.

WHAT CREATES TRUST?

BUT TRUST IS JUST THE FIRST PART...

WHAT INSPIRES ACTION?

MY 20+ YEAR JOURNEY



CLEAR ROLES FIRM DEADLINES **POTENTIAL FOR ADVANCEMENT** APPLAUSE

ALWAYS SAY YES ALWAYS MAKE YOUR PARTNER LOOK GOOD



COMPLETE MAP MATCH BY ABILITY FRIENDLY COMPETITION

MILE 23



HIRE WELL TRUST OTHERS' EXPERTISE LEVEL UP TOGETHER



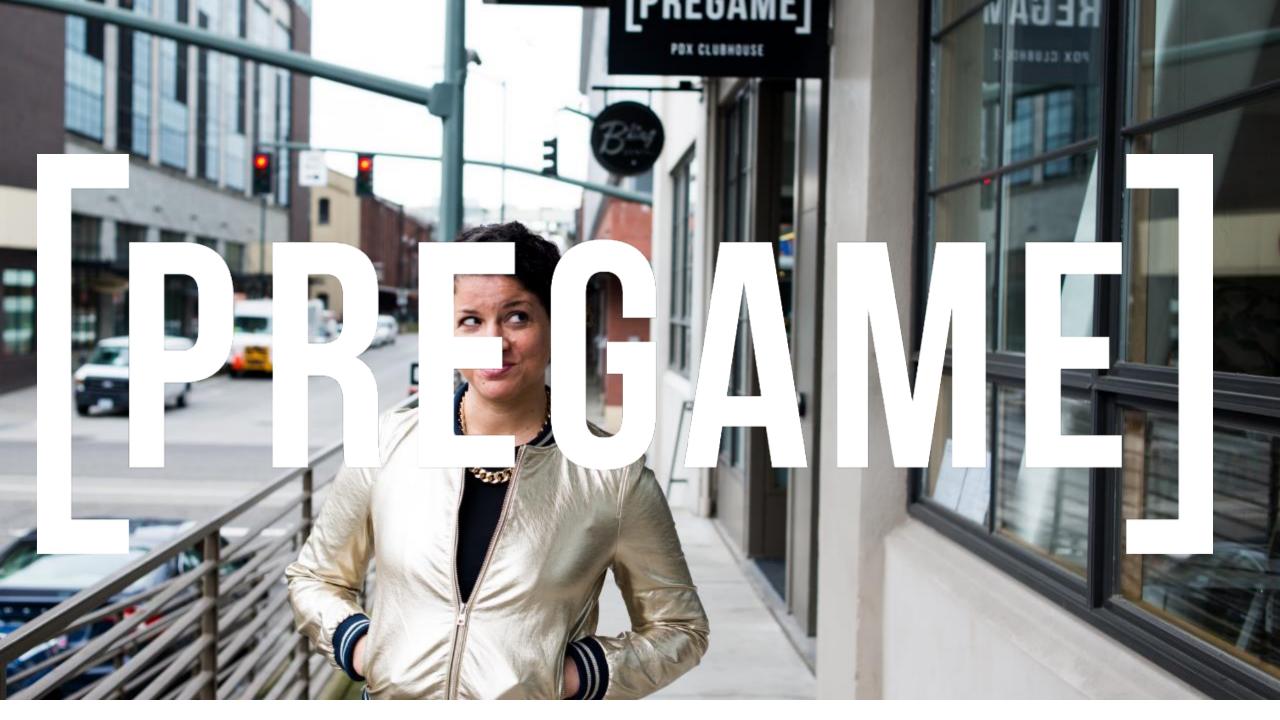




FRESH START LEARNING FROM FAILURE CONTRIBUTING TO OTHERS' SUCCESS



NOT PERFECT POSSIBILITY GROUP OVER INDIVIDUAL





WHERE HAVE YOU FELT FREEDOM, TRUST, POSSIBILITY IN A GROUP AND WHAT WERE THE CONTRIBUTING FACTORS?



PRO TIPS



1. PERFECTIONISM 2. UNSOLICITED ADVICE 3. OVERWORK 4. POOR BOUNDARIES 5. LACK OF SELF AWARENESS

THE FUTURE OF TRUST **RESULTS BASED EVEN CLEARER COMMUNICATION** Predame TRANSPARENCY MASKS OFF

Pregame HQ



"IF YOU GET A CHANCE TO WORK WITH CIARA, DO NOT HESITATE." - Adventure travel ceo, nyc

CIARAPRESSLER.COM PDX@PREGAMEHQ.COM @THEMAYORESS

